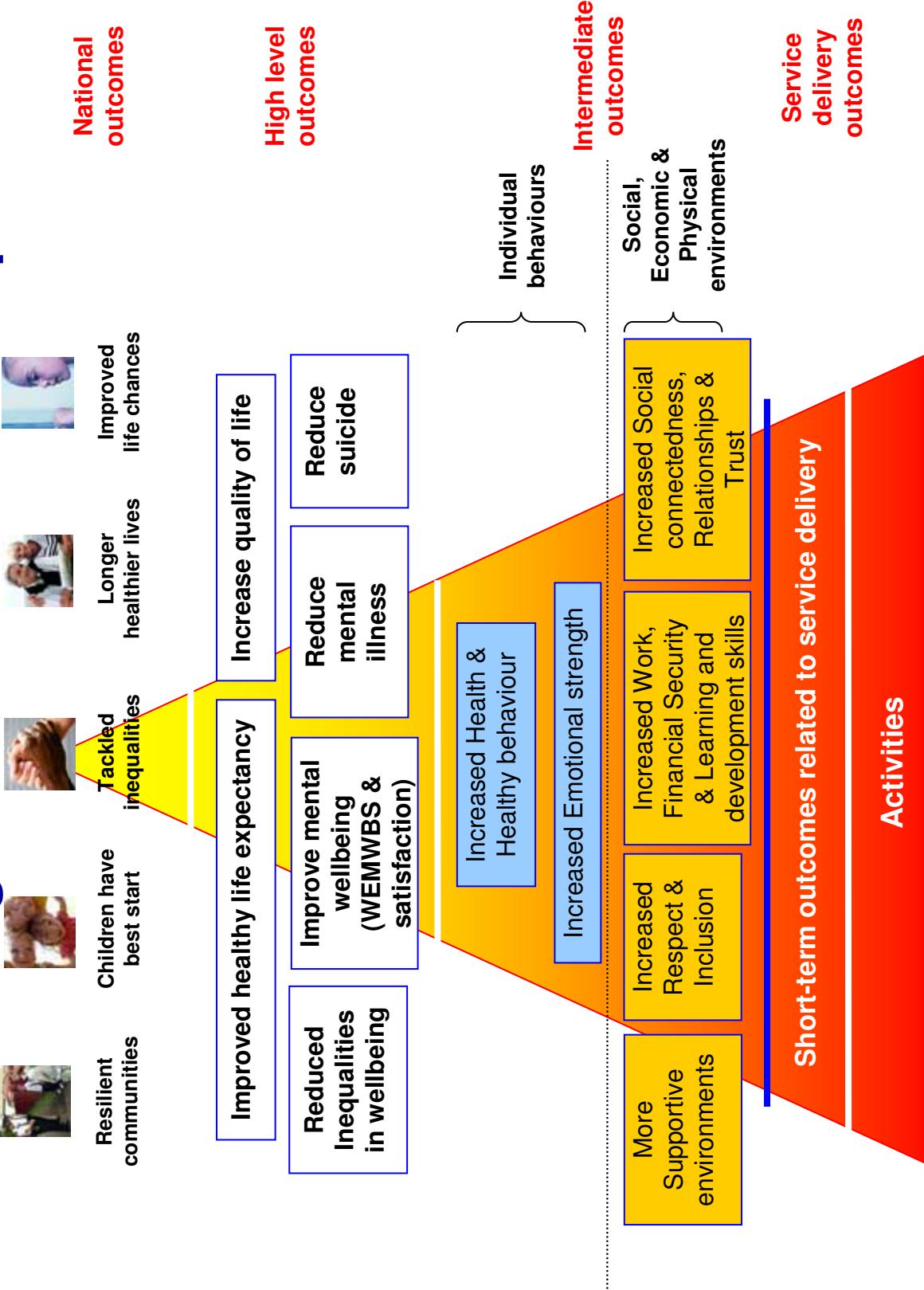
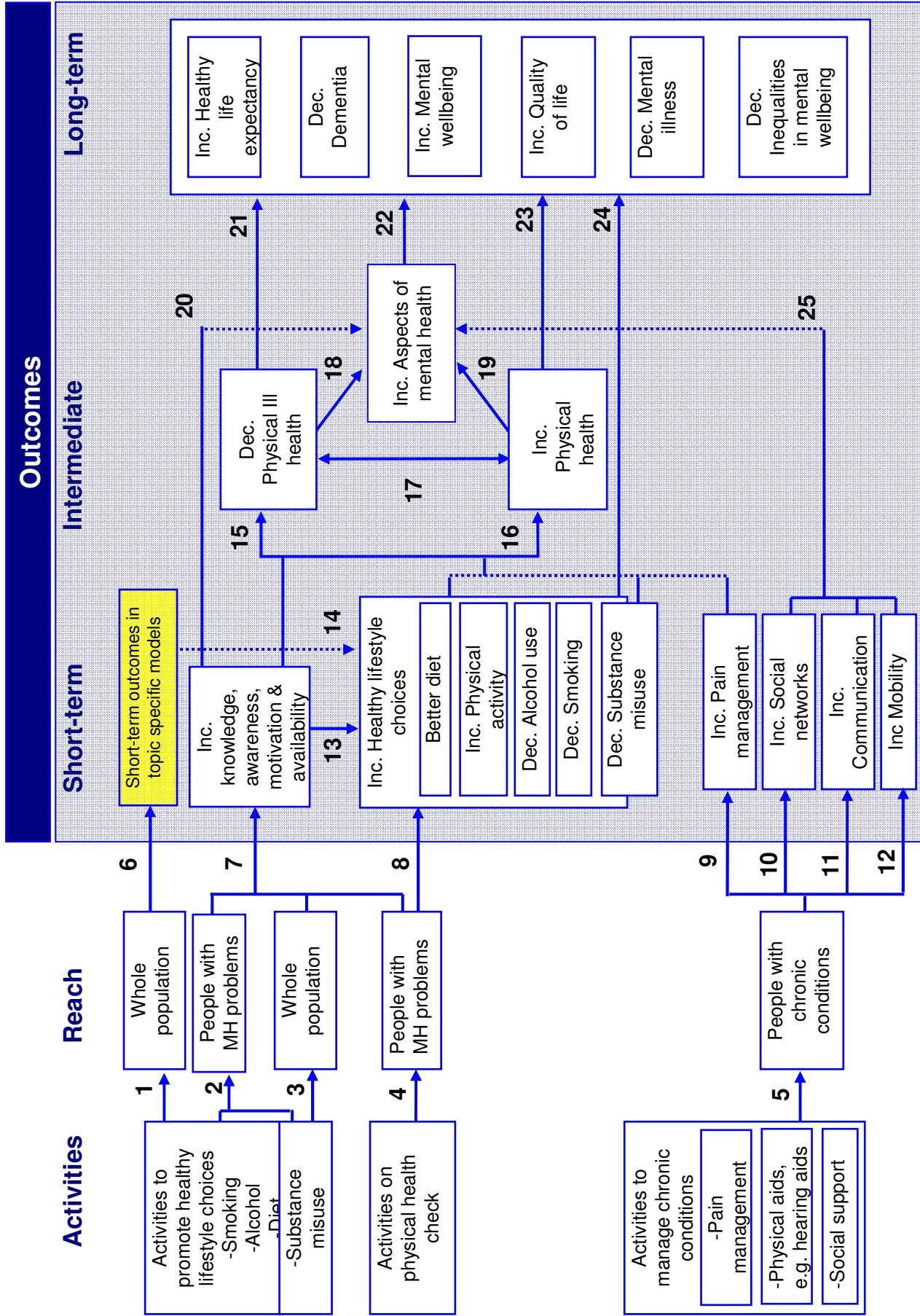


Outcomes triangle for mental health improvement



Draft mental health logic model



EXAMPLE

Multiple results chains

High level outcomes

Increased quality of life, improved healthy life expectancy
Improved mental wellbeing, reduced mental illness, reduced suicide, reduced inequalities in wellbeing, reduced dementia

Intermediate outcomes

Behaviour
-Improved physical health,
-reduced ill health

Social, economic and physical environment

Inc. trust, social support, social networks, positive relationships, social inclusion, participation, equality, financial security, quality of work, learning and development, environment, satisfaction with environment, parental behaviour
Dec. discrimination, inequality, sickness absence, social exclusion, violence

Short-term outcomes

Improved hearing
Increased physical activity
People at risk of mental health problems
Older adults with hearing impairments
Number of people receiving hearing aids
Number of people up taking service

Reach

All school children

Local authority staff

General public, organisations

Number of people receiving hearing aids

Provide hearing aids

Creation and launch of policy

Increased emotional and social skills

Decreased discriminatory behaviour and structures

Dissemination of policy across local authority

Enforcement of anti-discriminatory policy

Outputs

Curriculum which integrates social & emotional skills

Comprehensive whole school approach

Local authority

Government

Activities

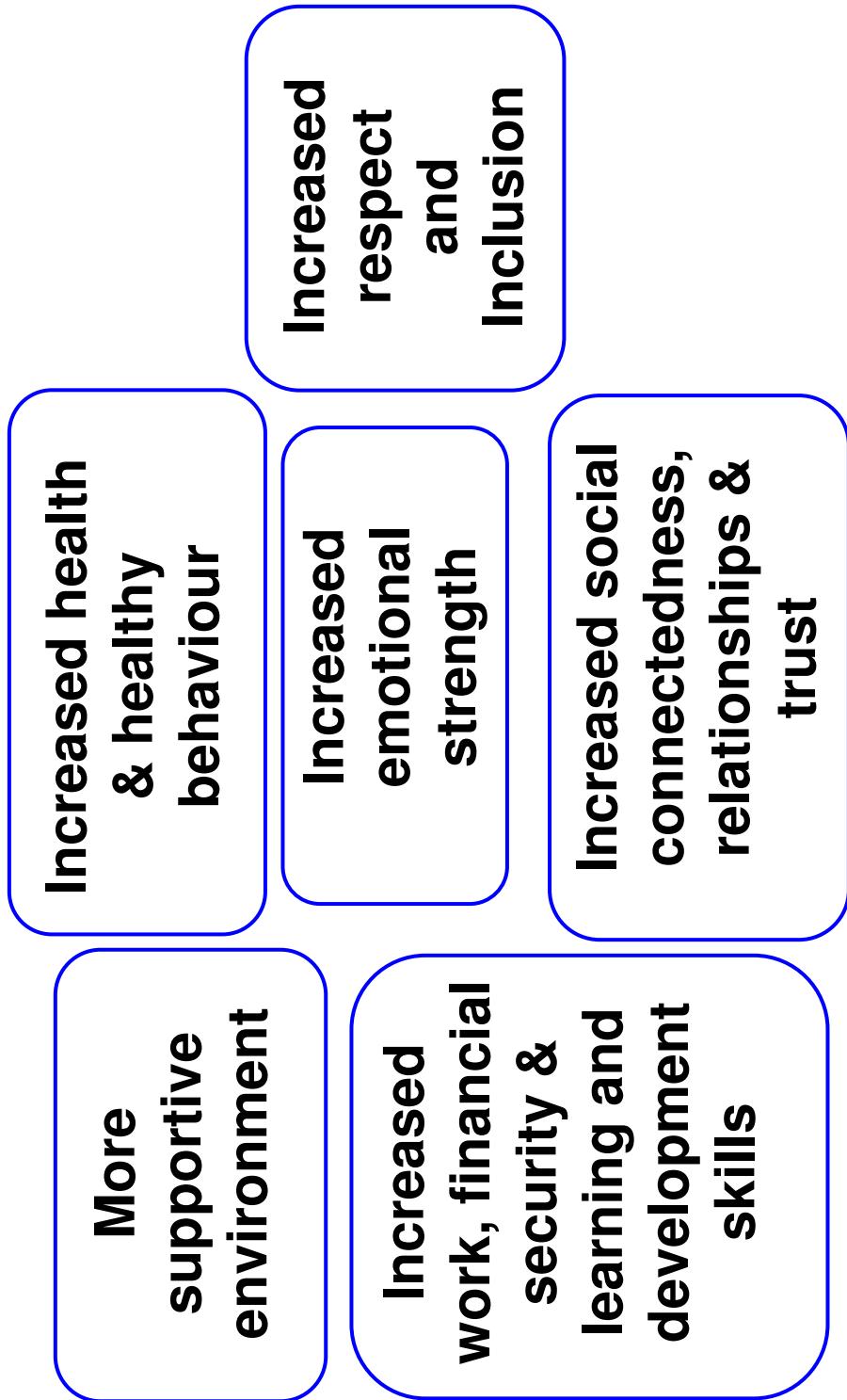
Activities to promote physical activity

NHS

Third sector

Inputs

Intermediate outcome areas



Intermediate outcome areas

More supportive environment

Safety

- Neighbourhood safety
- Home safety
- Non-violent neighbourhood crime
- Perception of local crime

Physical environment

- Neighbourhood satisfaction
- Noise
- Escape facilities
- Green space
- House condition
- Overcrowding

Violence

- Partner abuse
- Neighbour violence
- Attitude to violence

Increased health & healthy behaviour

General health

- Self-reported health
- Long standing physical condition or disability
- Limiting long-standing physical condition or disability

Healthy living/behaviour

- Physical activity
- Healthy eating
- Alcohol consumption
- Drug use

Increased emotional strength

- Mastery, Control & Self-efficacy
- (Emotional intelligence)
- Meaning & Purpose (spirituality)
- Individual psychological factors

Increased work, financial security & learning and development skills

Working life

- Stress
- Work-life balance
- Demand
- Control

Financial security/dept

- Financial management
- Financial inclusion

Learning & development
(related to work)

Increased respect & inclusion

Social inclusion

- Worklessness
- Education
- Participation
- Volunteering
- Involved in local community
- Influencing local decisions

Equality

- Income inequality
- Equality analysis
- Discrimination
- Harassment

Access to & experience of services

Fairness

Perceived inequality / exclusion

Increased social connectedness, relationships & trust

Social networks

- Social contact
- Social support
- Caring
- Trust
- General trust
- Neighbourhood trust

Relationships