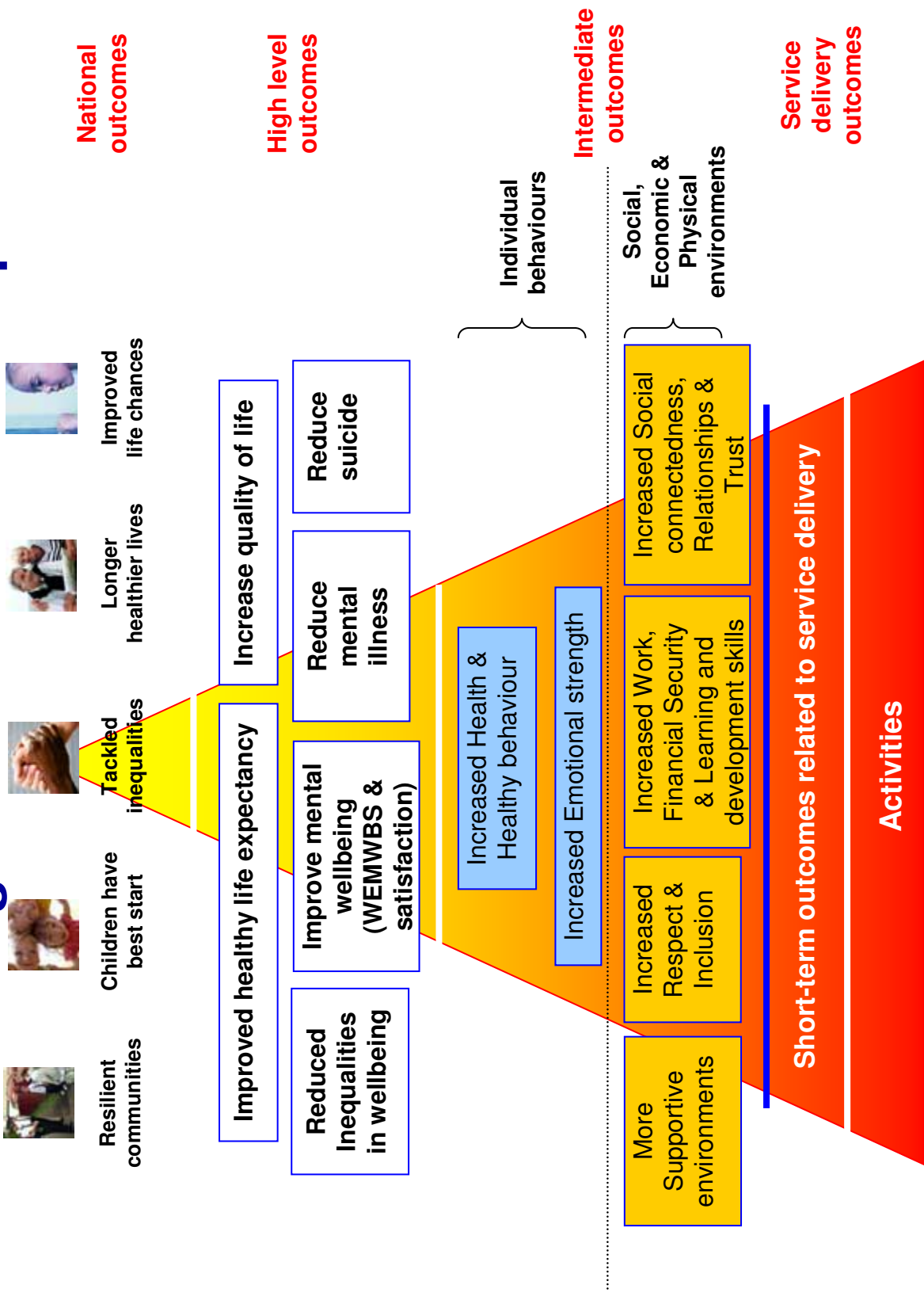
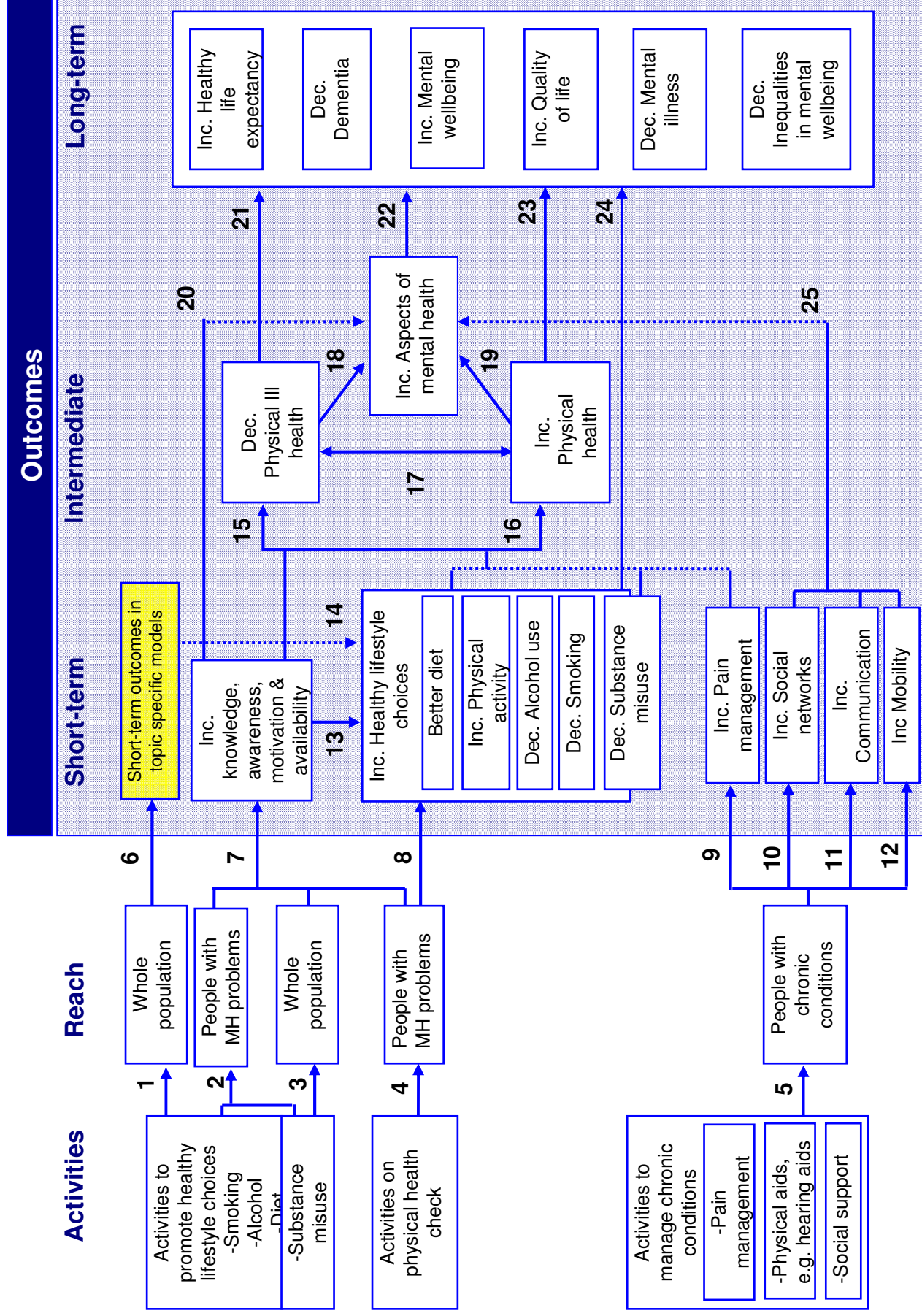


Outcomes triangle for mental health improvement

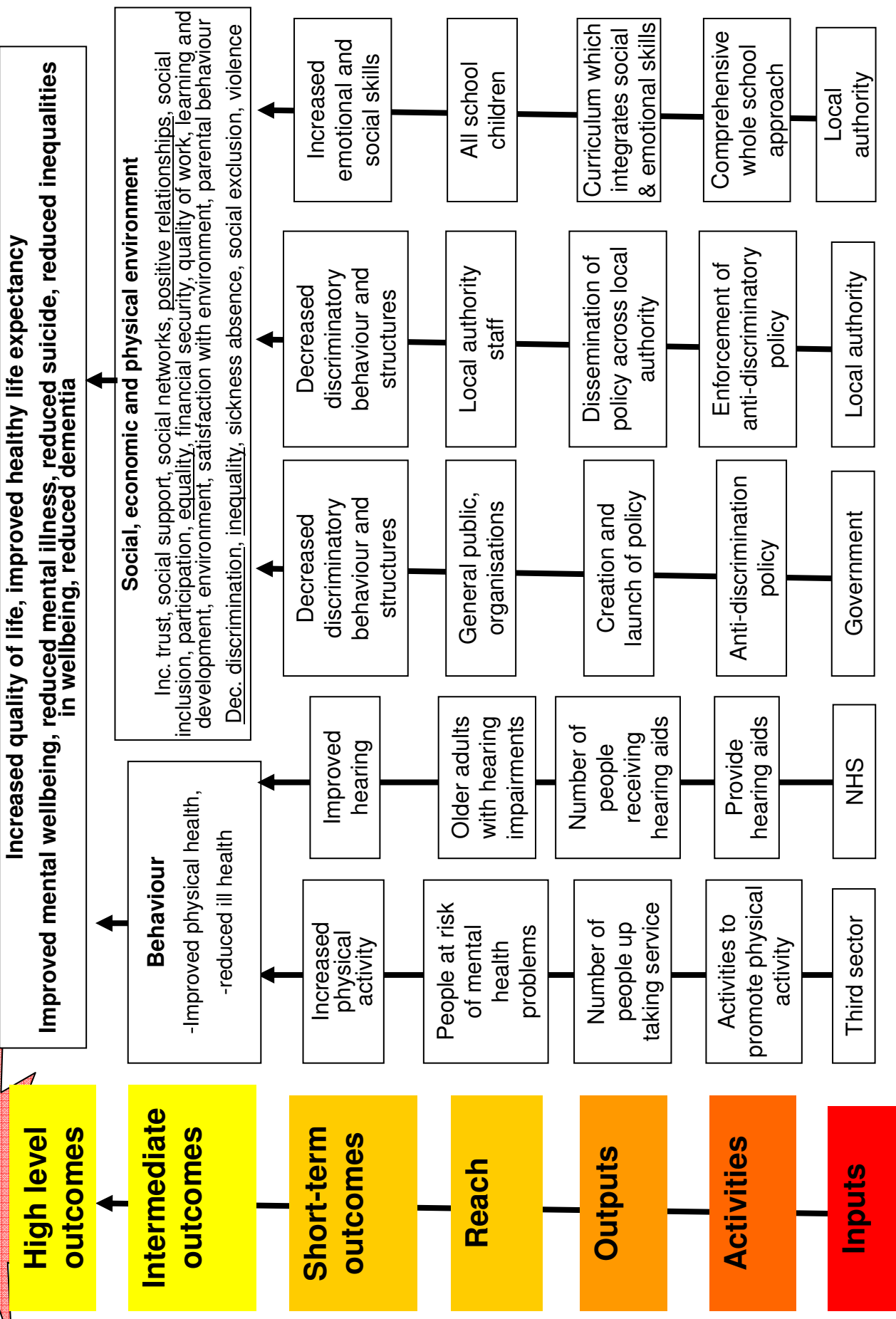


Draft mental health logic model



Multiple results chains

EXAMPLE



Intermediate outcome areas

**More
supportive
environment**

**Increased health
& healthy
behaviour**

**Increased
respect
and
Inclusion**

**Increased
emotional
strength**

**Increased
work, financial
security &
learning and
development
skills**

**Increased social
connectedness,
relationships &
trust**

Intermediate outcome areas

More supportive environment

Safety

- Neighbourhood safety
- Home safety
- Non-violent neighbourhood crime
- Perception of local crime

Physical environment

- Neighbourhood satisfaction
- Noise
- Escape facilities
- Green space
- House condition
- Overcrowding

Violence

- Partner abuse
- Neighbour violence
- Attitude to violence

Increased work, financial security & learning and development skills

Working life

- Stress
- Work-life balance
- Demand
- Control

Financial security/dept

- Financial management
- Financial inclusion

Learning & development (related to work)

Increased health & healthy behaviour

General health

- Self-reported health
- Long standing physical condition or disability
- Limiting long-standing physical condition or disability

Healthy living/behaviour

- Physical activity
- Healthy eating
- Alcohol consumption
- Drug use

Increased emotional strength

Mastery, Control & Self-efficacy
(Emotional intelligence)
Meaning & Purpose (spirituality)
Individual psychological factors

Increased social connectedness, relationships & trust

Social networks

- Social contact

Social support

- Social support
- Caring

Trust

- General trust
- Neighbourhood trust

Relationships

Increased respect & inclusion

Social inclusion

- Worklessness
- Education

Participation

- Volunteering
- Involved in local community
- Influencing local decisions

Equality

- Income inequality
- Equality analysis

Discrimination

- Discrimination
- Racial discrimination
- Harassment

Access to & experience of services

Fairness

Perceived inequality / exclusion